

Code of Conduct

San Diego Yacht Club Junior Sailing Program

Our Mission

The Mission of the San Diego Yacht Club Junior Program is to develop knowledgeable youth sailors and to instill in them a love for the sport of sailing that will serve as a foundation for their future. Along with its competitive aspects, the SDYC Junior Program also emphasizes having fun, character development and integrity, seamanship, and safe boating awareness.

Malin Burnham's Virtues of Excellence

Guiding principles in the SDYC Junior Program

1. Plan ahead
2. Commitment
3. Hard work
4. Dedication
5. Teamwork
6. Play by the Rules
7. Follow-through

Behavior Expectations

- Listen - always follow coach instruction and be attentive during meetings.
- Be respectful - treat other sailors, staff, equipment, and facilities with respect.
- Be kind - treat others with kindness and sportsmanship.
- Be timely - rig when you arrive; be prepared to meet at the time designated by coaches. Just as you are expected to arrive on time for your start on the race course, you are expected to arrive on time for class. If you will be arriving late or leaving early, make sure to communicate that to your coaches.
- Try your best
- Have fun!!

These expectations are key to ensuring that our program remains safe and inclusive to all participants. Disruptive or distracted sailors may detract from class/training productivity and create an unsafe environment for themselves and others.

Zero-Tolerance Rule

- There are certain behaviors which will not be tolerated under any circumstances, independent of this Code of Conduct. This policy is designed to avoid any behaviors that jeopardize the safety of the participant, other kids, instructors, and members of the SDYC community.
- Examples include refusing to follow the directions of the instructors - particularly when safety is involved, physical altercations, harassment, excessive use of profane language directed at other sailors, etc.

Enforcement Guidelines

Sailors who are not meeting behavior expectations will receive disciplinary consequences from the coaching staff. These procedures are intended to create fair and consistent enforcement of our code of conduct and expectations for all sailors.

- **Strike One - Verbal Warning**
 - The instructor informs the sailor of their strike and works with the sailor to correct their behavior by restating expectations and helping to problem solve.
- **Strike Two - Written Warning (Yellow Card)**
 - The instructor informs the sailor of the strike, documents the situation in the sailor's file via a yellow card and notifies the Junior Sailing Director.

- The instructor works with the sailor to correct their behavior by restating expectations and helping to problem solve.
- Sailors will remain on “Strike Two” for the next five instruction days. If the sailor receives an additional warning within that time frame, they will advance to “Strike Three”. Sailors who demonstrate a pattern of behavior by repeatedly advancing to “Strike Two” over three 5-day periods will be advanced to strike three.
- **Strike Three - Parental Contact**
 - The Junior Sailing Director will discuss the situation with the parent or guardian during the day by phone or at the end of the day depending on the severity of the offense. They will work together to find a solution to the behavior problem.
 - Disciplinary action may involve removing the sailor from class and having them sit in the office with the Junior Sailing Director while the other kids enjoy the activities outside. Disciplinary actions could also include the loss of a privilege or reward.
- **Strike Four - Parental Contact & Dismissal from Class**
 - The sailor will be taken to the office and the parent/guardian will be notified immediately that the sailor has been dismissed from the program for the remainder of the day or week, depending on the severity of the situation.
- **Modifications for Racing Teams (Sabot C1 and up)**
 - Sailors may be assigned physical exercise (wall sits, pushups, sit ups, etc). Think of this in the context of other sports like soccer, football, softball, etc. These exercises will be age and fleet appropriate in conjunction with warnings and less serious infractions of the Code of Conduct.
 - Active racers who reach Strikes Three or Four, or violate a zero-tolerance rule, may be asked to contribute service hours at the yacht club in lieu of or in addition to time out of class. Service tasks may include scrubbing docks, cleaning coach boats, picking up trash, or other tasks assigned by the Junior Sailing staff. Parents will be contacted to schedule service hours and will be informed of the planned service tasks.

Parent Guidelines

Parental support of our guiding principles and cooperation with our enforcement guidelines is integral in developing the next generation of sailors at SDYC. We ask that parents support our coaching staff by abiding by the following guidelines:

1. Please be prompt at drop-off and pick-up times. We always appreciate a phone call or email to the Junior Sailing Director if your sailor will be late or absent.
2. Please make sure that your sailor arrives prepared and ready to learn! Check your Welcome email to see specific equipment checklists.
3. If you have questions for the coaching staff about your sailor’s skill development, please ask them before class begins, or wait until the end of the day. We want our coaches’ undivided attention to be on the sailors during class time. If you are not able to address the coaches at those times, please direct your questions toward the Junior Sailing Director.
4. Help create a positive and supportive environment for all Junior Sailors!

Any concerns about coaching staff performance or implementation of the Code of Conduct can be directed to the Junior Sailing Director, General Manager, Junior Activities Committee Chair, or SDYC Board of Directors.

Please detach this page and return it to the Junior Sailing Office on the first day of class.

This Code of Conduct and the enforcement policies are intended to support character development, inclusivity, and safety in the SDYC Junior Program. Sailor and parent cooperation is critical in working towards these goals at SDYC. Please take some time to discuss the Virtues of Excellence and the Behavior Expectations together, then sign below to acknowledge these expectations and to agree to abide by them. Signed copies of this Code of Conduct must be submitted by the first day of class. Sailors who do not agree to follow this code of conduct will not be permitted to participate in the SDYC Junior Program.

Date: _____

Sailor name (print): _____

Sailor signature: _____

**Parent/guardian name
(print):** _____

**Parent/guardian
signature:** _____

Class(es) enrolled in: _____