



## MEN'S MAYHEM

### Sailing Instructions, April 11, 2009

Organizing Authority and Race Committee Chairman: *Betty Becker*

SKIPPER'S MEETING                    11:30 AM  
FIRST WARNING SIGNAL            12:00 Noon

1. Racing will be in accordance with the **Racing Rules of Sailing (RRS) 2009-2012** with the following exceptions:
  - 1.1. All races will be scored - no throwouts (Modifies Appendix A2).
  - 1.2. The two-turns penalty rule (44.1) is modified to the one-turn penalty (one tack and one gybe).  
*Skippers are highly encouraged to use this alternate penalty.*
  - 1.3. Any skipper hitting an anchored boat must do a one-turn penalty.
  - 1.4. Under rule 86.1(b), in the definition Zone, the distance is changed to two hull lengths.

2. All skippers must have on board an approved PFD, paddle, and bailer.
3. The first race of the day will be a "Fun Race" and will be scored separately from the "Serious" races to follow. Le Mans start from the front guest dock. Course will be announced at skipper's meeting.
4. A minimum of 3 "Serious" races will follow in La Playa Basin. Refer to course sheet handout for courses. Course to be sailed will be displayed on a placard on the RC boat.
5. There will be a 3-minute starting sequence as follows (all visual signals will be accompanied by one sound signal):

Warning signal (class flag—Jolly Roger)..... 3 minutes prior to start  
Preparatory ("P", "I", or "Z" flag).....2 minutes prior to start  
Prep flag removed .....1 minute prior to start  
Class flag removed .....0 minutes - START

6. Start-Finish line will be between an orange flag on the RC boat and a red flag on a float. All other marks will also be a red flag on a float.
7. Individual recalls will be signaled with the "X" flag and a sound signal. The RC will attempt to hail OCS boats, however it is each boat's responsibility to start correctly. The failure to hail or a delay in hailing will not be grounds for redress. This modifies rule 29.1
8. A general recall will be signaled with 2 sound signals and the first substitute pennant. The clock will remain running, and the restart will be 3 minutes after the recalled start. This modifies rule 29.2
9. Other oral instructions may be given at the skipper's meeting and/or on the water. This modifies rule 90.2(c)