

SAILING INSTRUCTIONS

August 14 - 16, 2009



Bishop Rock Race 2009

1. RULES

- 1.1. The race will be governed by the *rules* as defined by the **Racing Rules of Sailing (RRS)**.
- 1.2. In accordance with the **PHRF Rule Section 10**, this shall be a **Category I** race with its associated safety requirements
- 1.3. **All boats entered must have a registered 406 MHz EPIRB on board for the race.**
- 1.4. The all classes shall be handicapped according to PHRF of Southern California "Random Leg" ratings.
- 1.5. **PHRF Class Rule 10.5** is omitted for Short-handed entries only. Short-handed is defined, for the purpose of this regatta, as three or less persons on board. Use of autopilots or self-steering equipment for all *PHRF Short-Handed* entries is specifically **allowed**.
- 1.6. The regatta organizers would like to call participants attention to **RRS 40**, Personal Buoyancy and that they be prepared to don their life jackets in the event of such a signal.
- 1.7. Competitors are advised to have fuel onboard for a minimum of 100 miles of motoring in excess of engine time for charging plus provisions to sustain an extra day at sea beyond those planned for.
- 1.8. Competitors in the Shorthanded division are required to wear PFD's or Harnesses **at all times**.
- 1.9. Competitors in all other divisions are required to wear PFD's or Harnesses **from sundown to sun up**.
- 1.10. This event shall permit unrestricted advertising in accordance with **ISAF Regulation 20** Advertising Code.

2. ENTRY

- 2.1. Eligible boats shall complete registration as described in the Notice of Race for this event.

2.2. CLASSES , CLASS FLAGS AND START ORDER

- 2.2.1. Boats will sail in three different classes. All boats will start together.
 - PH Class A = ratings > or = to 39
 - PH Class B = ratings = 41 to 87
 - PH Class C = ratings 90 to 120

3. NOTICE TO COMPETITORS

- 3.1. Notices to competitors will be posted on the SDYC Website (www.sdyc.org) or made available at the competitors meeting at Harbor Reef Restaurant.
- 3.2. A competitors briefing will be held Friday, August 14 at Harbor Reef Restaurant at 0830.
- 3.3. Race Committee will be available by VHF 69 on Friday at 0900 for check in.

4. CHANGES TO THE SAILING INSTRUCTIONS

- 4.1. Any changes to these Sailing Instructions will be posted on the Official Regatta Notice Board and the SDYC Website (www.sdyc.org/raceinfo) not later than 1700 on Wednesday, August 12, 2009.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed from the SDYC flagpole.



6. SIGNALS MADE AFLOAT

- 6.1. In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the RC signal boat displays code flag L with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions. The Race Committee will monitor VHF Channel 69.

7. SCHEDULE OF RACE SIGNALS

Warning Signal -	1055
Start – (All Classes)	1100

8. STARTING AREA

- 8.1. The starting area will be in the vicinity of Ship Rock near Two Harbors, Catalina.

9. PRESTART CHECK IN

- 9.1. Prior to the warning signal, each boat shall check-in with, and be recognized by the Race Committee (R/C), located on a vessel near Ship Rock displaying a Race Committee Flag and an orange flag, and by passing close aboard on starboard tack and hailing her sail number. When a boat has been recognized, the R/C will hail the yachts sail number.

10. THE COURSE

- 10.1. The course: **Start in the vicinity of Ship Rock at Isthmus Cove, Catalina Island**
10.2. **West End, Catalina to port**, (approx. 6.5 nm @ 249 mag.)
10.3. **Santa Barbara Island to port** (approx. 23 nm @ 260 mag.)
10.4. **Bishop Rock Buoy R “2CB” to port** (approx. 63.5 nm @ 138 mag.)
10.5. **Finishing at San Diego Channel Entrance Buoy RW “SD”**. (approx. 96 nm @ 070 mag.)
Approximate handicap distance is 189 nm. Reference Chart: NOAA 18740.

11. MARKS - All Lat/Lon locations are approximate. Format = xx° yy.zz (degrees, mins/decimal mins)

- 11.1. **Mark 1** will be an orange ball anchored in the vicinity of Ship Rock. 33° 27.80 N, 118° 29.50 W

NOTE: DO NOT PASS BETWEEN MARK 1 AND SHIP ROCK. SHALLOW WATER!

- 11.2. **Santa Barbara Island** – Beacon 195ft alt. w/ 10 mile vis. (Flashing 6 sec.)

1 nm due east (090° mag.) = 33°28.95 N, 119° 00.67 W

1 nm due north (000° mag.) = 33°30.16 N, 119° 01.56 W

2 nm due west (270° mag.) = 33°29.68 N, 119° 04.19 W

NOTE: The above coordinates are ADVISORY only and are not required marks of the course. They are plotted FROM the lighted beacon for Santa Barbara Island thus your check bearing will be reciprocal #s.

- 11.3. **Bishops Rock** - Buoy R "2 CB" (Flashing red 4 sec. /Bell) 32° 26.35 N, 119° 07.22 W

- 11.4. **San Diego Sea Buoy** - RW “SD” (Morse Code (A)/Whistle) 32° 37.90 N, 117° 14.75 W

NOTE: Please record your times at these marks per the Course Sheet on page 4.

12. STARTING

- 12.1. For the purpose of RRS 26 (Starting), the warning signal (class flag) will be a Green Flag.

- 12.2. The starting line will be between a staff with an orange flag displayed on the R/C vessel at the port end of the starting line and Mark 1.



13. **RECALLS**

- 13.1. Recalls will be signaled in accordance with RRS 29. As a courtesy, the Race Committee will attempt to hail boats "On Course Side" (OCS) on VHF Channel 69. Failure of communication equipment, failure to hear a hail or delay in hailing will not be grounds for redress.

14. **COMMUNICATIONS**

- 14.1. During the race there will be a voluntary competitor check in on VHF 16 at 0800 and 2000 each race day.
14.2. Monitor VHF 16 for Naval radio traffic and direction concerning possible Military activity in the area.

15. **FINISHING**

- 15.1. A boat has finished when it passes within 100 yards of San Diego Channel Entrance Buoy "SD" bearing 345° mag. off the port bow.
15.2. Your finish time should be recorded in Pacific Daylight Savings Time, legibly recorded on a clean slip of paper (use the form on page four of these Sis), along with the boat name and sail number, name of person submitting the time and a contact number for someone on the boat.
15.3. This information should be submitted to the Sailing Office of the San Diego Yacht Club (or slipped on the right side of the Sailing Office door in case they are closed) within two hours of finishing.
15.4. If for any reason you are unable to physically leave your finish information at the Sailing Office, call the Sailing Office and leave a message @ (619)-758-6310 or via email (sailing@sdyc.org) a.s.a.p. and leave a message containing your finish information per instruction 16.2. Please speak slowly and clearly and repeat your contact number.

NOTE: Boats failing to supply finishing times per instruction 16.2 or 16.3 will not be scored. Dropped calls, poor connections or wrong numbers may affect your finish time!

- 15.5. Race timers should be set according to GPS reports of Pacific Daylight Savings Time or an equivalent PDST standard.

16. **TIME LIMIT**

- 16.1. There is no time limit for this race. All boats completing the course and submitting their finish times will be scored.

17. **PROTESTS**

- 17.1. A boat intending to protest shall report her intention and the boat(s) being protested to the Race Committee upon finishing or retiring and obtain RC acknowledgment, if they are on station at the finish. This changes RRS 61.1(a).
17.2. Protests shall be in writing on US Sailing Protest Forms or forms available at the Official Regatta Notice Board of SDYC and shall be lodged at the SDYC Sailing Office no later than 2 hours after the protesting boat finishes. In the event the Sailing Office is closed, protest forms should be slipped in the right side of the Sailing Office door.
17.3. A notice to competitors will be posted on the Official Regatta Notice Board identifying the protesting and protested boats. The notice will be updated as protests are lodged. It is the responsibility of each boat to check the notice board.
17.4. Modifying RRS 64.1(a): Replace "she shall be disqualified, unless some other penalty applies", with "the protest committee may assign a time penalty to be added to the corrected time of the yacht".



Bishop Rock Race - August 14 – 16, 2009

18. **WITHDRAWAL**

18.1. A boat withdrawing shall attempt to notify, via VHF 69, the Bishop Rock R/C or a fellow competitor of her withdrawal before leaving the racing area, and if not successful shall notify the SDYC Sailing Office (619-758-6310) or the Security Gate (619-758-6322) at her earliest opportunity upon returning to her mooring.

19. **SCORING**

- 19.1. PHRF fleets will be scored on corrected time by class.
- 19.2. The Kermit A Seely Perpetual will be awarded for the Best PHRF Corrected Time.
- 19.3. The Sponholtz Perpetual will be awarded for the First Boat to Finish (best elapsed time).

20. **SOCIAL AND TROPHIES**

- 20.1. A competitors reception will be held on the lower front deck of San Diego Yacht Club by the bar Sunday, August 16, 2009 beginning at 1500. Awards will be presented at 1530.
- 20.2. Any awards still in contention at the time of the awards presentation will be presented at a later date.

*Jeff Johnson - Principal Race Officer - San Diego Yacht Club
Competitor List as of August 12, 2009*

NAME	CLUB	YACHT NAME	YACHT TYPE	SAIL #	PHRF	
Per Peterson	OYC	Alchemy	Andrews 68	97999	-84	A
Bob Hayward	SMWYC	Tainui	Ben First 44.7	93400	24	A
James & Chris Gilmore	SGYC	Uncontrollable Urge	Columbia 30SY	56603	54	B
Gene Pitkin	CRA	Geronimo	J/109	198	57	B
Ed Sanford	SDYC	Creative	J/105	51911	84	B
David R Koos	PLYC	Second Wind	Columbia 50	56245	90	C
Tad Walicki	CRA	Alinka II	Santana 35	77845	120	C & Dbl Hnd
Carolyn/Sandra Sherman	SWYC	Sea Maiden	Ericson 35	46447	120	C



Please use this page for reporting your finish time

<i>Bishop Rock Course Sheet</i>			
<i>Boat name:</i>		<i>Sail #:</i>	
<i>Date:</i>		<i>Approx. Time passing due north of West End, Catalina</i>	
<i>Date:</i>		<i>Approx. Time passing due north of Santa Barbara Island</i>	
<i>Date:</i>		<i>Approx. Time passing due west of Bishop Rock</i>	
<i>Finish Date:</i>		<i>Finish Time at SD 1:</i>	
<i>Other boats or sightings at finish</i>			
<i>Person Submitting:</i>		<i>Contact Number:</i>	

