



SSSS Senior Sabot Saturday Regatta Series

SAILING INSTRUCTIONS

Organizing Authority

San Diego Yacht Club

Regatta Chair

Merideth Blair

Race Committee Chair

Rod McLennan

1. Rules

The official racing rules of the USSA and INSA will govern except as follows:

- The INSA weight rule will be waived for this regatta.
- RRS 44.2 will be modified to require only a one turn penalty.

2. Entry

- A. Competing skippers are requested to register on the SDYC Racing website and to check in at the RC boat before the first race.
- B. All senior [>18 yrs old] skippers are welcome.
- C. Junior A/B Fleet skippers are welcome. Junior A Fleet skippers do not need to install weight.
- D. Skippers from other yacht clubs are welcome.

3. Racing Schedule

- A. This regatta series is held once a month on various Saturdays. Please check the SDYC Racing Website for the most current schedule.
- B. First race warning is 12 noon.
- C. No race will be started after 230pm.

4. Starting Signals

- A. A 3 minute starting sequence will be used.
- B. Typically, all classes will start the same time but novice class will sail a shorter course.
- C. If separate starts will be used, RC will make the appropriate announcement.
- D. At the start of each race, RC will announce the course for the different classes.

5. Start/Finish Line

The start/finish line will typically be between two orange flags. The start/finish line is restricted when so designated by the RC. A yacht that is not starting or finishing shall stay clear of the start/finish line area. Unauthorized yachts in this area, after the warning signal, may be disqualified by the RC.

6. RECALLS

Individual Recalls will be signaled with a horn for the sound signal and an attempt by the RC to hail premature starters. Regardless of whether or not a yacht is hailed, it shall be her responsibility to start correctly.

In the event of a General Recall, signaled by two or more horn blasts, the recalled fleet will start with a new sequence as directed by the on the RC.

7. Course

See course chart below. Courses will be signaled by a numerical placard on the RC boat or by verbal announcement by the RC. Marks of the course will typically be orange flags on orange buoys. The RC may shorten the course during a race by signaling all competitors and finishing competitors between 2 designated marks.



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8. Protests

On the water protests shall be worked out between competitors with the offending competitor performing a one turn penalty. Formal after-regatta protests are discouraged and informal protests will be heard in the SDYC bar subsequent to the last race by whoever wants to get involved.

9. Safety

Each competitor is solely responsible for his/her personal safety. It shall be the responsibility of each competitor to wear a life jacket when conditions warrant. If a boat, as a result of capsize or mechanical breakdown, etc., is unreasonably delaying the finish of a race, the RC may order the craft rescued and score it DNF. A boat which retires from a race must notify a RC boat before leaving the racing area.

10. Scoring

The Regatta will consist of up to 5 races for each class.

Each yacht's total score will be the sum of her scores for all races. No races will be excluded.

COURSE CHART

COURSE	MARKS
1	Start - W - R - L - W - L - Finish
2	Start - W - R - L - W - L - W - L - Finish
3	Start - W - L - W - R - L - Finish
4	Start - W - L - Finish
5	Start - W - L - W - L - Finish
6	Start - W - L - W - L - W - L - Finish
7	Start - W - L - W - R - L - W - L - Finish

Courses 1 - 7 = Marks to Port