

FIRST AID KIT SUGGESTIONS

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Items in ITALICS require prescription

Airway

Oral airways

Dressings & Bandages

Adhesive tape

Paper tape

Band-aids

Steri Strips - various sizes

4 X 4's

ABD's

Kerlix

Kling

Tagaderm

Vaseline gauze dressings

Fine mesh betadine dressings

Ace bandages

4 in and 6 in. webril

Instruments

Scissors - Large and small

Needle driver

2 hemostats

Pickups

Scalpel - #11 blade, #10 blade

Splinter forceps

Skin Stapler

Miscellaneous

Gloves

Sterile towels, drapes

Surgical scrub brushes

Alcohol wipes

Syringes

3 cc

5 cc

20 cc

Needles

25g X 5/8

18g X 1.5 in

21g X 1.5 in

Thermometer

Q tips

Foley catheter

Suture material

3-0 Nylon with cutting needle

5-0 Nylon with cutting needle

Petroleum Jelly

Super Glue

Solutions

Saline solution

Betadine solution

Medications

Anesthetics

Lidocaine jelly
1 % plain Lidocaine

Analgesics

ASA
Arthritis strength Tylenol
Percocet (Oxycodone 5mg. & Tylenol)
Pyridium (Pain of UTI)
MS?

Antibiotics

Keflex 500Mg. #40
Septra DS #40
Cipro?
Z Pac #2
Silver Sulfadiazne
Vigamox eye drops
Polysporin ointment
Polysporin ophthalmologic ointment
Lamisil cream

Cardiac

Nitroglycerin 1/150 tabs

Anti Inflammatory

1/4% Hydrocortisone ointment
Aleve

Sea Sickness

Scopolamine patches
Meclizine
Dramamine
Sudaphed (Not PE) & Benadryl

Gastrointestinal

Stool softener
Laxative
Imodium
Pepto Bismol
Omeprazol

Allergy

Epipen
Benadryl
Alavert or Claritin

Dental care

Mirror
instruments
Cavit

Evacuation coordination: <http://www.mexfish.com/apgs/bemcc/bemcc.htm>
MexFish.com